

Ridgefield Prevention Council Minutes

January 29th, 2024

5:00 pm @ Annex

Mission: The Ridgefield Prevention Council supports a safe and healthy environment for all Ridgefield families through awareness, education and positive alternatives to alcohol and other substance use and to reduce high-risk youth behaviors

"Ridgefield Prevention Council meetings will be conducted under Roberts Rules of Order and all participants are expected to conduct themselves with dignity and treat all those present with respect, empathy and civility."

Attendance: Kim, Karen, Tina, Bhargavi, Denise, Siera, Brian

Call to Order: 5:01 pm

Approval of Minutes: December minutes approved. Motion: Karen, Second: Tina, All in favor.

Treasurer report: Karen reported the balance: \$24,101.38, Check received from West CT.

Reports/Discussion:

Update from the Town

- One spot available on the council.
- Open to 2 more First Selectperson, Rudy Marconi is managing.

RPC Closet

• Space shown to group and closet arrangement shared

RHS Midterm Giveaway Recap

- Feedback was great especially regarding stress management.
- Huge hit!!

Planet Pizza Update

• Will restart in February and run for 3 months before going back to Deborah Ann's.

Pizza Box Stickers

- Kim will replicate past versions.
- March theme: gambling
- April: drinking
- Box stickers will be provided by BR.

Lock Bags

- Moved to February
- List of locations/vendors in Ridgefield being gathered.
 - Include: gas stations, VAPE shop (Rt 7), smoke shop near Dapper Dan, Walgreens.
- Ordered by Brian.
- Karen & Brian will reach out to a few shops.

Screenagers Event:

- 22nd April at The Playhouse at 7pm
- Mental health-focused
- License agreement from Screenagers is in place.
 - Kim will handle it.
 - LouAnn has the contract.
- Q+A session before/after the movie/ Question cards to be provided in advance.

Family University – April

• Decision: Not doing it.

40 Developmental Asset Event

- It's in the work plan, but no one confirmed to organize.
- Could potentially be combined with Family University.

Thrift Shop Grant

- Need a clear plan of what's being asked for.
- Brian to write proposal.
- Includes vigil and sponsorship opportunities.
 - Example: Table space \$250

New Business

- Treatment Centers Table Space Denise to follow up.
- Denise will update on QR code to track "hits".
- Denise & Siera will connect.
- Event night before at the Playhouse includes:
 - Do-something wall
 - Recovery bands
 - Dates mentioned: September 2nd, 3rd week
- New youth programming idea:
 - Alternate sports league (e.g., Wiffle ball).
 - \circ $\;$ Events planned at times when kids can participate.
 - Emphasis on fun and clean events for adolescents.
 - Potential partnership with Boys & Girls Club.
- Mural Project
 - Bhargavi coordinating with the Tina on next steps

New Business:

Our next meeting is March 26th, 6:30pm at 415 Main Street, suite A (Spire Therapy).

Adjourned: 6:14 pm